

# FOUR RIVERS OUTREACH

## Life Recovery Program



### Residential Program Overview:

The Residential Program is a 3 phase recovery and discipleship program. The program is designed to last up to 12 months. Each Phase is approximately 4 months in length, and has its own curriculum. All studies are faith-based.

Each resident develops an Individual Recovery Plan (IRP). The IRP lays out all their goals and activities, and records their progress.

The first 30 days is a blackout period designed to allow the resident to clear his mind. During this blackout period, the resident has no contact with outside family or friends except in the event of an emergency.

The next seven months is an intensive Biblical based program to help residents learn the word, determine what caused them to abuse substances, and how to overcome those issues.

At approximately seven and one half months, residents find full-time employment and begin studies designed to help them; become financially responsible, become a Godly man, learn how to run a Christian home, and learn how to be a productive member of society.

### Program Highlights –

#### Phase I: (First four months)

- The first 30 days is a blackout period with no contact with outside family or friends. Cell phones are not allowed.
- Study – ***The Quest for Authentic Manhood*** – based on the book by Robert Lewis. This study leads men along a journey toward real biblical masculinity while fostering deep spiritual, emotional, and personal growth.
- Study – ***Experiencing God*** – based on the study by Henry Blackaby. This study is based on seven scriptural realities that teach us how to develop a true relationship with the Creator.
- Study – ***Purpose Driven Life*** – based on the book by Rick Warren. Using biblical stories and letting the Bible speak for itself, Warren clearly explains God's five purposes for each of us.
- ***Study – Managing Our Finances God's Way*** – by Saddleback Church. This study helps men understand how to manage their money with an emphasis on budgeting, and living debt free. During this study, residents will begin to develop the budget they will use when they complete the program, and will begin to better manage the money they have.
- During Phase I, residents will be allowed to work only with people we trust. All money earned is turned in to Four Rivers. Residents are allowed a small amount of spending money – receipts required, and the remainder goes into an account for them. Residents also work on ministry jobs that help support Four Rivers, and teach them about serving others without financial return.

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### Phase II: (Second four months)

- Study – ***Voyager*** – developed by the Texas Department of Corrections, is based on the DISC Personality Profile.
- Study – ***12 Steps to a Closer Walk With God*** – based on the book by Don Umphrey. This study takes them through the Bible while they learn to put the 12 steps to work in their lives.
- Study – ***The Seven Steps to Servant Leadership*** – was developed by Wiseman Ministries. This study teaches men to work beside the next man, instead of ordering him around.
- Study – ***The Book of James***.
- Job Search Class.
- During Phase II, residents will be allowed to work only with people we trust. All money earned is turned in to Four Rivers. Residents are allowed a small amount of spending money – receipts required, and the remainder goes into an account for them. Residents also work on ministry jobs that help support Four Rivers, and teach them about serving others without financial return.

### Phase III: (Third four months)

- Study – ***Homes of Honor*** – based on the study developed by Gary Smalley focuses on teaching people how to be Christian parents.
- Study – ***Doing the Right Thing*** – based on the study by Charles Colson explores the ethical and moral breakdown that is assaulting culture from all sides.
- During Phase III, residents are expected to get a full-time job. All money earned is turned in to Four Rivers. Residents are allowed a small amount of spending money – receipts required, and the remainder goes into an account to ensure they have sufficient funds to move out when they have completed the program. Residents continue to be sent on ministry jobs.

All three phases include additional Bible studies. All residents go to Church on Saturday or Sunday with an approved chaperone. On Wednesdays, residents attend Church, or stay at Four Rivers for the evening class. Residents are not allowed to leave Four Rivers without an Accountability Partner.